



martina tanzer
Y O G A

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	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
08:30	08:30 - 09:45 Yoga Basic MARTINA <i>auch online</i>			08:30 - 09:45 Yoga Basic MARTINA	
10:00	10:00 - 11:15 Yoga Basic MARTINA				
17:15	17:15 - 18:15 Yoga Beginner ANDREA <i>offene Klasse</i>				
17:45		17:45 - 19:00 Yoga Rücken MARTINA			
18:30				18:30 - 19:45 Yoga Rücken MARTINA <i>auch online</i>	
19:15		19:15 - 20:30 Yoga Flow MARTINA <i>auch online</i>	19:15 - 20:30 Yoga mittleres Level SILKE <i>offene Klasse</i>		